

4 EASY STEPS TO GET LIFE INSURANCE IF UNDERWEIGHT



1. UNDERSTAND COMPANIES VIEW UNDERWEIGHT AS A HIGH RISK.

Being underweight could lead to number of health conditions and even affect your life expectancy.



2. SHOP THE MARKET TO FIND THE BEST OPTION (OR LET US DO THIS FOR YOU).

Every company has its own build chart that they follow. This simply means that one company may be more favorable than other.

THESE ARE JUST THE BASICS.
FEEL FREE TO REACH OUT TO US FOR IN DEPTH ANALYSIS



3. LOOK FOR "GENDER-FRIENDLY" CARRIERS.

Some companies have different build charts for men and women. Typically, this may be in your advantage, as their minimum weight limits are a bit more forgiving.



4. TRY TO INCREASE YOUR BMI BEFORE THE EXAM.

There are a few things that you could do to help you get better results on your medical exam. For example, make sure you get plenty of rest and fluids.